



University Counseling

— Newsletter 2023/2024 - issue 1 —



University Counseling Department.

We are excited to introduce you to the University Counseling Department at AHIS. Our mission is to guide and support students in their journey towards choosing the best-fitting college major, career path, and university. We understand the significance of this decision and aim to nurture our students' interests and talents while providing them with the necessary information and resources to make informed choices.

At AHIS, we believe in a personalized approach to university counseling. Our experienced counselors work closely with students and parents to understand their individual aspirations, strengths, and areas of interest. Through one-on-one meetings, we track their graduation requirements, assist in course selection, and offer guidance throughout the university application process.

One of our primary focuses is to ensure that students are well-prepared for the

university admissions process. We provide regular updates and communicate important information regarding testing services, such as SATs, IELTS, and TOEFL, to help students meet the requirements of their preferred universities. Our counselors assist in registering for these exams and offer support in preparing for them. We also foster partnerships with various universities to provide our students with valuable opportunities. Through collaborations, we arrange scholarships, university visits, and fairs, enabling students to explore different higher education options. Additionally, we organize Career Talks and Meet the Alumni sessions to expose students to diverse career paths and provide insights into various industries. We emphasize the importance of internships and community service, ensuring that students fulfill these requirements as part of their graduation journey.

Parents University Counseling Orientation

In our ongoing efforts to provide comprehensive guidance and support for our students' university aspirations, we recently organized virtual Parents University Counseling Orientation sessions. These sessions proved to be an invaluable opportunity for high school parents to gain detailed insights into university options, requirements, scholarships, admission procedures, and important deadlines. Through the convenience of Zoom, our dedicated counseling team engaged with parents individually, ensuring personalized attention and addressing their specific questions and concerns. The orientation sessions were thoughtfully designed to equip parents with a deep understanding of the university application process and empower them to actively support their children's educational journey.

During the sessions, our experienced counselors shared a wealth of knowledge on various universities, shedding light on their specific criteria and guiding parents through the intricacies of the application process. Scholarship opportunities were

also highlighted, allowing parents to explore avenues for financial assistance. The interactive nature of the sessions facilitated meaningful discussions, enabling parents to make informed decisions alongside their children.

We were delighted to witness the enthusiasm and active participation displayed by our parents. Your valuable questions and queries served as a catalyst for insightful conversations, helping us provide tailored guidance that addresses your child's unique needs and aspirations. We are committed to being your partners throughout this journey, ensuring that you have the necessary information to support your child's ambitions and make well-informed choices together.

The AHIS University Counseling Department recognizes the significance of choosing the right university for your child's future. With that in mind, we remain available to provide ongoing support and address any further inquiries you may have. Our counseling team is dedicated to assisting you in navigating the university application process with confidence and clarity.

Students Orientation

In order to make the start of the year seamless for HS students, the University Counseling department provided the students with an orientation to honors and elective classes, the latter of which introduce our students to the

foundation of new topics and subjects that could spike their interest in a future career in that particular field, such as psychology, for instance.

Alumni Talk

AHIS Alumni of 2022 Khalid Khunji, a student at the London School of Commerce (BIBF), 2022 Alumni Tareq Isa Al Mutawaj, student at Bangor University (BIBF), and 2021 Alumni Fatima Taha, student of Law at British University of Bahrain met our seniors on 12 Sep 2023 to share their insights on university

admission procedures, important dates, and the significance of selecting the right university that aligns with their career goals. They offered valuable recommendations based on their own experiences and highlighted the benefits of studying at their respective institutions as well as their fields.



AHIS University Counseling Department also organized two more Alumni Talks on 14 and 25 Sep 2023. The former featured 2022 Alumni Muna Mohamed Al Anni, RCSI student, and Anusha Zulfiqar Haider, a student at University of Bahrain. The latter featured 2020 Alumni Faris Wazani, a student at Bahcesehir University studying Artificial Intelligence, and 2021 Alumni Khaled Al Ammari, student at American University of Bahrain, and Moumen

Alhakeem, Law student at British University of Bahrain. During their talks, our Alumni shared their experiences and provided guidance on university selection, career paths, and the importance of networking and continuous learning. This opportunity offered valuable insights to our seniors, helping them make informed decisions about their academic and career journeys.



COUNSELING



Career Talk

AHIS believes that students' learning journey should keep pace with the latest international trends, hence we strive to provide them with the most functional knowledge on the technology, science, and industry. With the valuable participation of Dr. Jassim Haji, President of International Group of Artificial Intelligence, we organized the first of Career Talks for the 2023/2024 academic year. Dr. Jassim's lecture on artificial intelligence and career opportunities provided valuable insights

for our seniors, helping shape their vision for the future and the growing importance of artificial intelligence. This helped our students understand the current labor market requirements and how to prepare themselves for their future careers. In addition, he shared his opinion on ways to succeed in different fields. The lecture was a bright opportunity that inspired our students to pursue their goals with determination and innovation.



Career Talk

For our second Career Talk, we featured Mr. Mohammed Mustafa Faqih from GPIC, who provided valuable advice and guidance to our seniors. During the talk, he shared his extensive

experience and insights on building successful career paths. He offered advice on selecting the right university and educational programs that align with their career goals.



For our third Career Talk, we featured Ms. Nada Ebrahim Al Ghanim, the principal of Hope Institute for Special Education. She shared her professional experiences and provided valuable guidance on pursuing a career in special

education. Her talk offered insights into the field, inspiring our students to consider careers in special education and equipping them with practical advice to make informed decisions in their career journeys.



Career Talk

For our fourth Career Talk, we featured Mr. Nawaf Ali Al Ghanem, the Marketing Manager at Bareeq Al Retaj Real Estate. During the talk, Mr. Nawaf shared his valuable insights and experiences with the audience, providing guidance on various aspects of marketing in the real estate industry. He discussed marketing strategies, tactics, and industry trends in the real estate sector. Mr. Nawaf also offered

noteworthy recommendations on career paths and opportunities in the marketing field within the real estate industry. His expertise and firsthand knowledge as a marketing professional in the real estate sector proved to be a valuable resource for the attendees, empowering them with insights into the field and guiding them toward successful careers.



In the Fifth Career talk, we featured Ms. Nadera Abuali, Corporate Communications expert from Al Baraka Group, in which she shared valuable industry insights with AHIS seniors. During the talk, students gained a deeper understanding of the corporate world and its dynamics. She

provided inspirational stories from real-life examples and practical guidance for future career paths. The talk empowered students to pursue their professional aspirations with confidence.



Career Talk

The sixth Career Talk featured Mr. Mohamed Awadh who shared his professional journey at E.K. Kanoo. Mr. Mohamed imparted valuable insights, advice, and guidance to our students on achieving success in their respective professional fields. He discussed the abundant opportunities available at E.K. Kanoo and emphasized the importance of acquiring the necessary skills to excel in the industry.



Our seventh Career Talk featured Ms. Zainab Pairoozi from the National Bank of Bahrain (NBB). With her extensive experience in the banking industry, Ms. Zainab discussed various aspects of career development and navigating the banking sector, stressing the importance of acquiring relevant skills and pursuing higher education. The students benefited greatly from Ms. Zainab's expertise, gaining valuable knowledge and guidance to make informed decisions about their future careers.



For our eighth Career Talk, we featured Mr. Fadhel Alsairafi, a mechanical engineer at E.K. Kanoo. He shared all about his experience with the students throughout his studies all the way to his current position and its requirements. He highlighted the courses they'll be taking in university if they were interested in pursuing the same career and provided them with valuable advice.

Career Talk

Our Ninth Career Talk featured Mr. Mohammed Ibrahim from SICO, who gave a talk on Cyber Security to our students. Mr. Mohammed discussed the important aspects of Cyber Security, the many fields of it, and the

university courses students would have to take to pursue it as a degree and later, a career. Overall, our students benefited a lot from Mr. Mohammed's expertise.



Our Tenth Career Talk featured Mr. Abdulla Isa Sultan from E.K. Kanoo, who shared his extensive experience in the automotive industry. Mr. Abdulla discussed various facets of career development in the automotive sector, highlighting the importance of passion, dedication, and continuous learning. By sharing his own journey and success story, Mr. Abdulla inspired the students to pursue their career goals with determination.

Career Talk

Our eleventh Career Talk featured Mr. Faisal Alasfoor, Senior Manager of HR Management at YK Almoayyed & Sons, who gave an inspirational talk about the different kinds of

careers and jobs that are sought after in the market now and in the near future, including – he emphasized – anything to do with artificial intelligence and cyber security.



Our twelfth Career Talk featured Mr. Mohamed Baqer Shehab from YK Almoayyed & Sons, who gave an interesting talk about customs clearance. He emphasized the importance of widening one's horizons and seeing that there are more opportunities in the future than one would think, and explained his story: how he

went from a sports enthusiast to working in customs clearance, a field that didn't cross his mind, but he enjoys it just the same. Overall, the talk was very inspiring and unlocked a door in our students' minds towards the different future careers awaiting them.



University Fairs

In order to provide high students with the needed guidance and the necessary information on their future university choices, life and requirements, AHIS organized an exclusive University Fair on 4 October 2023 for grades 10 to 12 with the participation of universities from Bahrain, UAE and the UK:

1. Northumbria University
2. Teesside University
3. Manchester Metropolitan University
4. Leeds Beckett University
5. University of Leeds
6. University of Essex
7. American University of Bahrain
8. British University of Bahrain
9. Euro University of Bahrain
10. Gulf University
11. University of Technology Bahrain
12. Bahrain Polytechni
13. Bahrain Institute of Banking & Finance
14. Applied Science University
15. Ahlia University
16. Ajman University



University Fairs



University Fairs



University Fairs

In addition, AHIS organized another University Fair on 18 October 2023 for grades 11 and 12 with the participation of universities from different countries, including UAE, Germany, Egypt, Canada, and the UK:

1. American University of Ras Al Khaimah
2. American University in Dubai
3. American University of Sharjah
4. Schiller Language Training, Germany
5. American University in Cairo
6. Sorbonne University Abu Dhabi
7. Huron University
8. RAK College of Dental Sciences
9. City University Ajman
10. OnCampus London



Graduation Requirements

Seniors every year must fulfill their graduation requirements, which include:

- 10 hours of Community Service
- 20 hours of Internship
- SATs with a minimum score of 1000
- IELTSs with a minimum score of 6.5
- Taking a humanities elective
- E-portfolio that includes their CV, achievements, and personal essay.



Internships

In order to provide our students with the opportunity to explore their desired future fields, Grade 11 student Hana Awf and Grade 12 student Rahid Ali did their internships at

AlSalam Specialist Hospital and American Mission Hospital, which taught them how to communicate with the patients, diagnose, and read X-rays, among other things.



Community Service

In the occasion of the International Day of Awareness of Food Loss and Waste that is held on the 29th of September the AHIS Nasser Al Atta team started their first initiative by partnering with Gulf Hotel to collect surplus food and distribute it to families in need. This remarkable collaboration exemplifies the core values of Confidence, Accountability,

Resilience, and Empathy upheld at AHIS high school. Moreover, it serves as a tangible contribution towards achieving the United Nations' SDG Zero Hunger. Together, we are fostering a community that actively addresses food waste and works towards a world without hunger.



COUNSELING



Digital SAT

AHIS has been a SAT center in Bahrain since 2020. As per the graduation requirements for our students, they're to take the Digital SAT exam, which is shorter in comparison to the paper-based one – its duration is a total of 2 hours. The digital test features shorter reading passages with one question tied to each, reflecting a wide range of topics that represent the works students read in college. Calculators are allowed for the entire Math portion of the test. Students and educators receive the scores back in days instead of weeks compared to the paper-based version.



Digital PSAT

AHIS organized a Digital PSAT/SAT Mock Test for its students on in collaboration with Score Plus. The purpose of this mock test was to provide AHIS students with a valuable opportunity to practice and prepare for the PSAT/SAT exams. By participating in the mock test, AHIS students were able to familiarize themselves with the format, structure, and content of the exams. They had the chance to simulate the testing environment, practice

time management skills, and enhance their problem-solving abilities. The mock test also allowed students to receive feedback on their performance, identify areas for improvement, and develop effective test-taking strategies. This collaboration between AHIS and Score Plus demonstrates their dedication to supporting AHIS students in their academic journey and helping them succeed in standardized exams.



IELTS Workshop & Mock Test

On November 2, AHIS hosted an IELTS workshop by IDP for grades 11 and 12. The workshop provided the students with the opportunity to familiarize themselves with the content and structure of IELTS, in addition to tips that would help them prepare and study, as well as on the test day. This was followed by an IELTS mock test, also by IDP and hosted at the AHIS campus, for grades 11 and 12, to introduce them to the IELTS test firsthand.



SAT/IELTS Top Achievers

It is through dedication that, through commitment, we achieve what we want; and through wise vision we acquire life-long learning skills. Success at AHIS is boundless

and today we rise to celebrate, to congratulate and to honor our Seniors' SAT and IELTS achievements whose scores are as high as their ambitions. Congratulations to:



SAT Top Achievers:

- Ahmed Abdulmuneim Shanaishen
- Askar Urisbayev
- Mira Alaa Mishal
- Abdulla Adel Alhamad
- Sahar Al Obaidli
- Sayed Ali Al Mosawi



IELTS Top Achievers:

- Ahmed shanaishan
- Abdulla Adel Hamad Abdulrahman Alhamad
- Ayat Mohamed Husain Ghuloom Abbas
- Noor Nabeel Najm Alhusain Baiq
- Nayef Mohamed
- Ghazlan Saleh Abdulla Saleh Matar
- Omar Faisal Ghulam Hasan Ghulam Nabi Khawaja
- Ghaith Alkassar



مدرسة الحكمة الدولية
Al Hekma International School

—    @ahisbh —
www.alhekma.com